

Where would we be if everyone said when we came out and nobody was going to see, where would we be if we left.

Dr. Stefan Frädriich has degrees in medicine and business administration (Chamber of Commerce). He is a qualified trainer for cognitive behavior therapy, rhetoric and communication skills, health and management.



TV host, trainer / coach and author of several books

Field(s) of Expertise: Self-motivation, conquering the inner temptation

German, English

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