

*Where would we be if everyone said when we came out and nobody was going to see, where would we be if we left.*

Dr. Stefan Frädriich has degrees in medicine and business administration (Chamber of Commerce). He is a qualified trainer for cognitive behavior therapy, rhetoric and communication skills, health and management.



**TV host, trainer / coach and author of several books**

*Field(s) of Expertise: Self-motivation, conquering the inner temptation*

German, English

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