

David Grier is a celebratory chef, author and extreme adventurer, an inspirational speaker having just completed the first solo run of India 4008 km in 93 days. Previous to this he has paddled from Africa to Madagascar (a distance of 500 km) and then ran the island from south to north, a distance of 2700 km. David did the first ever continuous joint run of the Great Wall of China, some 4200 km in 98 days. Plus the first ever continuous run along the coast of South Africa from Oranjemund via Cape Town to Mozambique, 3300 km in 80 days. He has also run from John O'Groats to lands End, the length of Ireland as well as Hadrian's Wall.



Celebratory chef, extreme adventurer, author

Field(s) of Expertise: Inspiration, motivation, communication

English

PARTICIPANT COMMENTS

„David's passion, for whatever he does, has substance and is inspiring to his audience.“

Ingrid Seyffert / Metroweb

„David Grier was a very engaging speaker and took the time to speak to the guests after the presentation.“

Sonja Sadie / ACSIS

The full profile including references, participant comments, videos, and more can be found on: 5sr.de/ng

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